

Community Organisations Digital Access

Arran CVS recently completed phase one of the Connecting Scotland programme which offers digital devices and support to specific groups of people. Our application for phase 2 has been successful and will commence shortly. With this in mind, we want to gather your thoughts on current digital access for your community groups and organisations, please complete this short survey via the link: <https://www.surveymonkey.co.uk/r/J5298W2>

Short survey on Trauma Informed Practice

We would very much appreciate your support in completing and sharing a short survey on Trauma Informed Practice as part of the National Trauma Training Programme

Traumatic events and experiences are more common in our population than was previously recognised and we all have a role to play in understanding and responding to people affected by psychological trauma.

The ambition of the Scottish Government and many other partners across Scotland is for a trauma-informed and trauma-responsive workforce, with recognition that we all have a role to play in understanding and responding to people affected by psychological trauma. The aim is to ensure that services are delivered in ways that prevent further harm or re-traumatisation for those who have experienced psychological trauma or adversity at any stage in their lives and support their unique recovery journey.

We would very much appreciate your support in completing this short anonymous survey which will help us understand more about current levels of understanding of psychological trauma across the workforce, and to what extent trauma informed practice is currently embedded and where additional support may be required in future.

The survey will only 5 minutes of your time and is available using this link: <https://www.smartsurvey.co.uk/s/Workforce-NTTP/>

The closing date is **Friday 5th March**.

Please share this survey widely with your colleagues and networks. It is important that we get as broad as possible an understanding of the levels of awareness and familiarity across the whole workforce. This survey is primarily aimed at all staff working across all sectors of the Scottish workforce in both the public and voluntary sectors, however we would also welcome the views of staff working in the private sector, particularly those in the social care sector.

Many of us will be exposed to events that have the potential to cause distress and disrupt our lives. In addition, we know that the experience of the pandemic has

exposed some of the workforce to additional traumatic experiences. Please note that this survey does not ask any questions about personal experiences of trauma. This page provides information about useful services if you are seeking support with recovery from psychological trauma:

<https://transformingpsychologicaltrauma.scot/wellbeing/are-you-looking-for-help-with-recovery-from-the-impact-of-trauma>

Scottish Government Dementia Policy PDF attached to email

New guidance published today – Open with Care: resuming meaningful contact with care home residents.

I am pleased to update you that today, the Scottish Government has published guidance for care homes.

This guidance recommends that care homes now put in place the necessary arrangements to safely resume meaningful contact between care home residents and their loved ones. The attached letter explains the new guidance and steps to supporting it to be adopted across Scotland in the near future.

The updated guidance can be found here:

<https://www.gov.scot/publications/coronavirus-covid-19-adult-care-homes-visiting-guidance/>

Dedicated advice for care home residents, their friends and relatives will be available on www.nhsinform.scot/openwithcare from today. This summarises the new guidance and the safeguards in place to have meaningful contact as safely as possible. The Scottish Government has also committed to put in place additional support to residents' loved ones, which will be provided by Alzheimer Scotland for anyone who is needing support. Alzheimer Scotland's 24 hour Freephone Dementia Helpline can be contacted on 0808 808 3000 or by emailing helpline@alzscot.org.

North Ayrshire Local Police Plan

Police Scotland are seeking feedback on the North Ayrshire Local Police Plan. This has been posted to the consultation section of the CPP Website (link below). I would be grateful if you could please share this with your networks.

[North Ayrshire Local Police Plan](#)

MS Wellbeing Hub – Word document attached

Back last year we launched our MS Wellbeing Hub which provides virtual emotional and physical support to the Scottish MS community, those with MS but

also friends and family. We would be delighted if you could share the availability of this service in your e-bulletins? I have attached an outline on what the Wellbeing Hub is about and more than happy to expand or provide further information please just get in touch.

The more people we can make aware of this support the better as we don't want it to be the best kept secret!

The National Lottery Community Fund Scotland

UK-wide Climate Action Fund now open for second round

Here are the key facts (you can [find full details on our website](#)):

Funding available: We're offering two types of funding in this round - development funding up to £150,000, and full awards up to £1.5 million. We expect to make 12 to 15 awards in total in this round, and to award more development grants than full awards.

Types of project we'll fund: Medium to large scale projects addressing **waste and consumption**.

Who can apply: lead applicant should be a community-based organisation (e.g. voluntary sector organisation, social enterprise, school – [see our website for a full list](#)) and that's who we looking for at this stage.

Deadline: submit initial ideas by **5pm on Thursday 8 April 2021**

Virtual funding events – 3 and 11 March

We're running a couple of webinars about our funding in Scotland over the coming weeks – one on Wednesday 3 March and one on Thursday 11 March, both at 10.30am. We'll be giving an overview of our funds, some tips, and a chance to ask questions.

Anyone interested can [sign up to either session online](#).

Communities Can conference – 24 March

We'll be hosting a national (virtual) conference – Communities Can. We'll be bringing together learning and insight from the past year, projects we've funded and sector leaders to explore how we can continue to support communities across the UK. We hope it'll be a thought-provoking day! If you are interested in attending, you can [book your free place now](#)

Kind regards

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I have become a Dementia Friend

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